



Club no.: 30298 / RID: 3060

Charter Date: 30.06.1994

SAYAJI SWAR


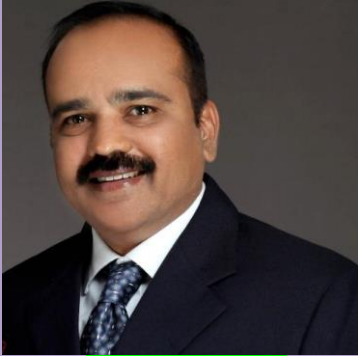



MONTHLY BULLETIN OF ROTARY CLUB OF BARODA SAYAJINAGARI

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President Reflects



Dear RCBSians,

Onset of Menstruation- New phase and new vulnerabilities – in the lives of adolescents. Yet, many adolescent girls face stigma, harassment and social exclusion during menstruation, depriving them of access to essential materials and facilities they need. Coupled with cultural taboos, poverty and lack of basic services like toilets and sanitary products can all cause menstrual health and hygiene needs to go unmet. It restricts their mobility and personal choices, affecting participation in community life in general and attendance in school in particular. And it compromises their safety, causing additional stress and anxiety. Menstrual health and hygiene interventions can help overcome these obstacles. Not only do they fulfil the unmet demand for menstrual hygiene products; they also protect dignity, build confidence, and strengthen sexual and reproductive health. RCBS is working aggressively in awareness and management of menstrual health Hygiene campaigns. We even encourage Mothers of the students wherever possible and educate them on this topic. This month a big awareness program with the Dev Foundation was held in the Ajwa area and 700 women and adolescent girls were sensitized. In September also we will be covering EWS communities and small bastis for this campaign along with schools.

More Power to Women
President Minal Shah

Editorial



Dear RCBSians,

Commonwealth Games Year 2022

61 medals across 12 different disciplines, 22 of them Gold. A fourth-place finish on the medal table. Say it softly, but say it nonetheless. India's Commonwealth Games 2022 is a changing of the Guard. A blueprint for better times ahead. CWG 2018 at Gold Coast, Australia, India brought home 66 medals from 8 different sports, four fewer than this time. What's more, India's traditional medal filler, Shooting, wasn't part of Birmingham at all. What was different this time was the diversity of a mixed lot of veterans and youngsters and debutants... What sets them apart is their grit, determination, perseverance, focus and the passion to better themselves.

Most notable though has been India's historic Gold in the women's Lawn Bowls fours category, with the winning team featuring a peculiar mix of a School Physical Education Teacher, a District Sports Officer, a State Police Officer and a Forest Department Employee. These women who were ridiculed by many, went on to create history: proved their mettle taking center stage with their head held high and moist eyes as our Indian National Flag went up to the tune of जन गण मन...

Editors:

Ann Nisha Gogate & Rtn Dr Hiran Bagadia

RCBS Rhythm	
RCBS Flagship HUMF - Twice	Date 4 th Aug and 17 th Aug
	<p>In Aug 2022 RCBS could carry out the Flagship Event twice... 70 Neo-mothers in the 1st activity and 63 Neo-mothers in the 2nd activity were made aware about their Diet in this phase through a simple leaflet on easily available food items... Usual kit of चना – खजूर was handed over to them.</p> 
<p>(Kind Courtesy Rtn Kruti Shah, Rtn Hetal Shah and proposed member Ms Sanyogita Pradhan) President Rtn Minal Shah and Rtn Palak Dave joined in with the gracious sponsors at GMERS Hospital Maternity Ward.</p>	
Mosquito Nets Distribution	7 th Aug
	<p>Vector borne diseases awareness and subsidized mosquito net distribution program was conducted at डॉ सर्वपल्ली राधाकृष्णन कन्या एवं कुमार शाला नूतन विद्यालय (प्राथमिक) K.R गायत्री प्राथमिक शाला 300 Mosquito nets Sponsored by PP Rtn Shreyans and Ann Tejal Mehta were distributed.</p>
School Bags for Students	7 th Aug
<p>Every child gets individual learning and Students of Std I & II were relieved from school bags. Under this concept, schools at Gotri required Cloth bags for their students. डॉ सर्वपल्ली राधाकृष्णन कन्या एवं कुमार शाला at Gotri were provided with 100 Cloth Bags for the same. Cloth Bags were specially made and donated By Rtn. Kruti Shah and PP Pulin Shah.</p>	
	
Braille Papers for Visually Impaired	4 th Aug
	<p>Thick Chart paper is used specifically with braille / braille embossers to print reading material for the visually impaired. Around 2000 such recycled paper were sourced from the School of Architecture and Design of ITM University. These papers were donated at Blind Girls welfare school for them to use as their notebooks.</p>

Menstrual Health and Hygiene	12th Aug
	<p>Awareness program on Menstrual Hygiene and Management was conducted In association with Dev Foundation of Rtn. Nilesh and Ann Vaishali Pandya. Dr Sushma Dalal, Gynaecologist interacted with women and girls, where she gave detailed information on Menstrual Hygiene and busted various myths related to menstrual practices and menopause. Around 700 women attended the session who were given quality sanitary napkins that would last them for at least 6 months. AG Manisha Bhatt and President Minal Shah were present.</p> 
Menstrual Health and Hygiene	With Procter & Gamble
	<p>RCBS conducted an Awareness drive for Menstrual Hygiene in collaboration with the Procter & Gamble team in following schools through the month of August. (Even Mothers attended)</p> <ul style="list-style-type: none"> • Sayaji Girls school - 03rd Aug : 180 • अम्बे विद्यालय Waghodia - 09th Aug : 283 • Hill Memorial High-School -16th Aug : 170 • Tree House School GSEB - 23rd Aug : 240
Gifting Recreational Toys	8th Aug
<p>Sankalp School for Special Children received some Recreational Toys like See-Saw, Rocking Elephant and Horse and Tricycles. (Kind Courtesy PP Rtn Meeta Shah)</p>	
RCBS Public Image	
Tiranga Rally	13th Aug
	<p>With हर घर तिरंगा as the Central Theme of this year आज़ादी का अमृत महोत्सव (75 years of Independent India) नूतन विद्यालय (माध्यमिक) had planned a rally with Indian Tri-Colour. RCBS chipped in with Special Indian Flag themed caps with Rotary Logo to 150 students. President Rtn Minal Shah, Rtn Col Milind Gogate and Rtn Deval Shastri were Present.</p>
Independence Day celebration	15th Aug
<p>RCBS participated in the Flag Hoisting Ceremony @सोनार कुई प्राथमिक शाळा. PE Rtn Dr Bharat Desai and the Secretary attended the function where the President Rtn Minal Shah did the honours of hoisting the flag. Certificates were handed over to the students selected for scholarship. Some members from RCVS were present too. The school children exhibited their talents through a couple of relevant speeches, dance and skit. The event culminated with distribution of Samosas, Frooti and Chocolates to all the students present. (kind courtesy, RCBS) ...</p>	

Medical Camp

22nd Aug and 31st Aug



PP Rtn Dr Ashwin Shah along with his Son Dr Karan Shah organised an awareness Camp on Diabetic Neuropathy at Ganga Jamna Hospital. 50 Rotarian as well as non-Rotarian families were examined and advised suitably for their health status.

Another awareness camp was organised for Thyroid. Beneficiaries were offered TSh Test at Subsidized rates and 40 patients were screened and suitably advised.



Blackjack Fellowship 20th Aug



A Fun-filled event called Black-Jack was organised. PP Rtn Chirayu Kothari conducted the game wherein he added thrilling twists to make it interesting. The Trump being a surprise for every



game, kept everyone on their toes and excited. The camaraderie and the bonding amongst the RCBSians was worth watching during the entire event. As one RCBSian put it after the event... "Those two hours of pure, unadulterated fun... I forgot all about all the International / National / Regional issues / Bollywood Boycott etc...The Fellowship culminated with Symbolic Cake-cutting by all the RCBSians with special days in August.

RI Sphere

RI Orbit



With ten commemorative signs posted throughout Evanston this week, the city proudly marks its 68th year as home to Rotary International World Headquarters, where a diverse global team of 700+ professionals support the work of Rotary's 46,000 clubs worldwide to strengthen communities and improve lives. With its global membership, Rotary contributes over \$1 million to local economy with more than 2,000 international visits annually. "We are honored to have our world headquarters recognized by the City of Evanston," said John Hewko, Rotary International CEO. "We hope these signs will make it easier for people to find us and engage those who may be curious about our organization.

Evanston has been a great place to call home and our visitors are always impressed with its stunning lake views and small-town atmosphere. "On display in the lobby of One Rotary Center, located at 1560 Sherman Ave., are exhibits that are open to the public from



9 a.m. – 5 p.m., Mon.-Fri. and 8 a.m. – 12 p.m. Saturday, except on major U.S. holidays, that showcase Rotary's causes, including promoting peace, fighting disease, providing safe water and sanitation, supporting education, saving mothers and children, growing local economies, and protecting the environment. Rotary's top priority is the global eradication of polio. Rotary launched its polio immunization program, PolioPlus, in 1985 and in 1988 became a leading partner in the Global Polio Eradication Initiative. One Rotary Center is open to tours by appointment and conference rooms offering fully-equipped, state of the art spaces and capabilities for a wide variety of safe, COVID-compliant gatherings and meetings, events, seminars, panel discussions, corporate gatherings and more are available. Contact visitors@rotary.org to learn more about hosting an event at One Rotary Center.

RI District Sphere (RID 3060)



Seminar for cluster 5 (all RCs in Vadodara) on 28 Aug 2022. Intense brainstorming on the following aspects of Rotary took place...

- Importance of Public Image ...
- Genuine Membership ...
- Literacy Mission...

Following PPs from RCBS were nominated to share their thoughts on topics mentioned...

- AG Rtn Jay Shah - Orientation
- Rtn Chetan Dedhia - RMB
- DS Rtn Kalpesh Shah - Goal setting



President Rtn Minal Shah was invited to share her thoughts during the Panel Discussion on Importance of Public Image. Her pitch for the need to spare Volunteer Hours in addition to Funds was well appreciated. She also enlightened the gathering about the Successful Implementation of Gyan-Jyot Project by RCBS over the last few years. The seminar was also attended by PP Rtn Vaishali Shah, PE Rtn Dr Bharat Desai and the Secretary.

અધ્યયોષ - રોટેરિયન દેવલ શાસ્ત્રી

ભારતમાં પંદર કરોડ બાળકો શિક્ષણ મેળવતા નથી, એનજીઓ માટે ગંભીર જવાબદારી

ભારત જેવા વિશાળ અને વિવિધતા ધરાવતા દેશમાં ઉદભવતી સમસ્યાઓનો એકમાત્ર ઉકેલ એજ્યુકેશન જ છે. તાજેતરમાં થયેલા અભ્યાસ મુજબ પચીસ કરોડ કરતાં વધુ લોકો સારી રીતે લખી શક્તા નથી અથવા વાંચી શક્તા નથી. ગ્રામીણ વિસ્તારોમાં નાની ઉંમરે થતાં લગ્નોને કારણે મહિલા શિક્ષણનું ધોરણ પછાત છે. કોરોના જેવી મહામારી, વિશાળ જનસમુદાય તથા ભૌગોલિક વિવિધતામાં કેન્દ્ર અને રાજ્ય સરકારોને મર્યાદા હોય છે. જીડીપીના સરેરાશ ચાર ટકા ખર્ચ શિક્ષણ પાછળ કરવાને બદલે સરકારો ત્રણ ટકા કરતાં પણ ઓછો ખર્ચ કરી શકે છે. શિક્ષણ પાછળ થતા ખર્ચમાં પગારો અને વહીવટી ખર્ચ મોટો હિસ્સો લઈ જાય છે. આમ છતાં સરકારો શિક્ષણક્ષેત્રે મૂળભૂત સુવિધાઓ સુધારવા શ્રેષ્ઠ પ્રયાસ કરે છે. સરકારોએ એનજીઓને પ્રોફિટ સાથે શિક્ષણ ક્ષેત્રે આવકારી છે, સ્લમ વિસ્તારમાં તથા ગ્રામ્ય વિસ્તારમાં એનજીઓને સાથે રાખીને પીપીપી જેવા પ્રયાસો થકી શિક્ષણમાં પ્રાથમિક સુવિધાઓ આપવાનો પ્રયાસ કરવામાં આવી રહ્યો છે. ભારતમાં વસ્તીના પ્રમાણમાં એનજીઓ પણ ઘણા ઓછા છે. એક અભ્યાસ મુજબ શહેરોમાં પ્રતિ હજારે ચાર અને ગ્રામ્ય વિસ્તારોમાં અઢી કરતાં ય ઓછા એનજીઓ છે. કોવિડ સમય પછી ગ્રામ્ય વિસ્તારોમાં સ્કૂલ છોડવાની સંખ્યામાં વધારો આવ્યો છે, બીજા શબ્દોમાં કહીએ તો શિક્ષણની પરિસ્થિતિ કથળતી જાય છે. આ પરિસ્થિતિમાં સરકાર સાથે હાથ મીલાવીને બમણા જોરથી લડવાની જવાબદારી એનજીઓની પણ છે... કદાચ એવું બને કે એનજીઓ સીધું શિક્ષણ આપવા અસમર્થ હોય પણ સ્કીલ ડેવલપમેન્ટ માટે કામ કરી શકે છે. ગરીબી, આરોગ્ય, સ્વાસ્થ્ય સમસ્યાઓ, દિવ્યાંગ બાળકો વચ્ચે આધુનિક કૃષિ સહિત રોજગારી અપાવે એવું જ્ઞાન આપવાથી કમસેકમ એક પેઢીને બચાવી શકાશે. શિક્ષણ ક્ષેત્રમાં પુસ્તકો, ટ્રેસ, સ્વચ્છ શૌચાલય, પીવાનું શુદ્ધ પાણી, રમતના સાધનો તથા ટીચર્સ ટ્રેઇનિંગ જેવી પ્રાથમિક સુવિધાઓ પર પણ એનજીઓએ ફોકસ કરી શકે છે...

RCBS Kaleidoscope



Rotary Fledgelings

Interact Club of Baroda Sayajinagari (ICBS) Aug 2022



Independence Day Celebration with Exxat Pathshala

To celebrate our 75th Independence Day ; nothing could be better than spending time with students of Exxat Pathshala, an NGO run by Exxat Group which takes care of teaching academics to the underprivileged children from Std III to Std XII. This initiative is meant for the students who go to Municipal Schools and cannot afford tuitions / extra books / extra curricular activities. Exxat teachers take care of extra coaching, activities and bringing out and nurturing aptitude and EQ of the students. This NGO has been run for the past 5 years and students going there have shown extraordinary results in their academic exams as well as personality grooming.

Dance, singing, speeches and other performances were done by the Exxat students as well as interactors. President Vivan Shah shared his thoughts while young interactor Atharva Amin sang a song. Exxat students demonstrated a Human Pyramid to end the event. ICBS Members collected and donated Toys and Books to the Library @Exxat Pathshala. 50 Gujarati story books were donated by parent club RCBS from its GYANJYOT library.

Tree Plantation

100 trees of **Cassia fistula** (ગરમાળે) and 50 saplings of **Oleander**

(કરેણ) were planted in Gotri Sevasi area with tree guards in

association with SPC Lifesciences.

BBHIS - Interact Club Aug 2022



“Charity Starts In School – We Rise By Lifting Others”.

On 01st Aug, 2022, Grade XII showcased the true meaning of this quote through the BBHIS Interact, along with Arpan, a driven NGO that renders a unique service-oriented programme for children with multiple disabilities. The BBHIS Interact organised an event called the Rakhi Haat on the school premises, where the children collaborated, designed and created beautiful rakhis. The students enthusiastically accepted the task of generating as much money as they could by selling these lovely rakhis to the parents who supported us in this noble cause.

“The joy of giving is greater than the joy of receiving.”

BBHIS Interact Club organised a food fundraiser on 9th August 2022. The students had the honour of sharing scrumptious meals with the Divya Roshni Street School Students. The joy of seeing such bright smiling faces brought us tremendous happiness and left us smiling ear to ear. This fundraiser inculcated the true joy of giving in each one of us. Each sunrise brings with it the potential to brighten someone's life. We often underestimate the power of a touch, a smile, a kind word, a

listening ear, a warm hug or even the smallest act of caring: all of which have the potential to turn a life around.

Independence Day and Raksha Bandhan

Our brave soldiers sacrifice a great deal to ensure we live in a free and prosperous society. The soldiers are separated from their families, and fight countless battles to ensure the safety and harmony of each and every family in the nation. To celebrate and honour these brave soldiers, the students of BBHIS Interact Club sent rakhis to the valiant soldiers stationed far away from their families. This activity not only inspired the students but also instilled the true spirit of brotherhood and



harmony in each and every one of them.



Know Our New Member



Rtn Nilesh Pandya is an industrialist in the field of Chemicals. His plant is situated in Halol Industrial Area. He is actively involved in multifarious CSR activities in the domains of skill development, organic farming, women empowerment and employment. He conducts awareness programs around Menstrual Hygiene all over India. His venture called Dev infotech (affiliated with Jan Shikshan Sansthan, ALMA, Tally Champ). They provide distance learning courses like Diploma, Degree and Masters courses in affiliation with Dr. Babasaheb Ambedkar Open University, Ahmedabad. Ann Vaishali Pandya participates in all the above mentioned activities with Rtn Nilesh. They have two children – Son Het (Std IV) and Baby daughter Mahi (One Year Young).

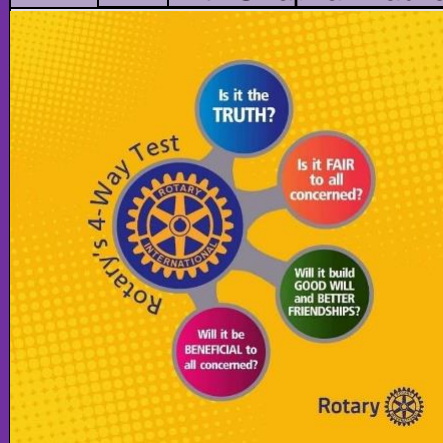
Special Occasions of RCBSians (September)

Birthdays / Anniversaries

08	Rtn Dr Nikesh Shah
14	Ann Sonal Amin
16	Rtn Shreyans Mehta
17	Ann Bijal Anjal Patel
18	Rtn Pinakin Shah Ann Swati Trivedi
19	Rtn Nishant Ramani
21	Rtn Mehul Trivedi
23	Rtn Sneha Ramani
29	Rtn Nitin Bhardwaj
30	Rtn Kalpesh Shah Rtn Swapnali Dabke

September Events

04	Tree Plantation
07	HUMF - 1
07	Menstrual Hygiene @ Shivrathdham
08	Nation Builder awards
14	Fellowship / Speaker Meet
21	HUMF – 2
23	Cyber Crime Awareness @BBHIS



Ms. Minal Parag Shah
12 A Tapas society,
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